



CHILDREN'S
COTTAGE
SOCIETY

Newsletter

June 2005

*In recognition of your commitment and support,
Children's Cottage Society of Calgary
Extends an invitation to attend our*

2005 Annual General Meeting and Volunteer Appreciation Dinner

Wednesday, June 22, 2005

Blackfoot Inn (Blackfoot Ballroom)
5940 Blackfoot Trail SE

Doors open: 5:30 pm

AGM: 6:00 pm

Dinner: 6:45 pm

Guest Motivational Speaker, David Adie—"Off the Wall"

Dinner is free for all invited volunteers and staff

Guests: \$14 per person, payable at the door

RSVP to 283-4200 by June 15th

If you have special food requirements, please let us know when you RSVP.

CHILDREN'S COTTAGE SOCIETY OF CALGARY

845 McDougall Road NE Calgary, Alberta T2E 5A5
www.childrencottage.ab.ca

Main Office: 283-4200
Fax: 233-2684

Volunteer Office: 233-2680
Community Respite: 283-4275
Fundraising: 283-4274



Message from the Executive Director

The Children's Cottage is now in its 19th year of service to children and families! In those 19 years we have helped 27,536 children through the Crisis Nursery and the Community Respite Program. These children all required a safe and secure place to be when their parents were unable to provide care for them. We have learned that providing short-term shelter to children is not enough help, and as a result, hundreds of families have benefited from in-home support staff that are able to provide information, resource materials, and goal-directed assistance. We are all very proud of the work that we do with the help of dedicated and empathic staff, caring and giving volunteers, and generous contributors who fund this amazing organization, where parents are not judged but helped on the merits of their stated needs.

We believe that we are the best at providing effective programs for families that prevents abuse and neglect of children and strengthens families' ability to remain together.

New adopted guiding principles describe the Society and its programs well:

Guiding Principles

We have **compassion** for children and families and in our programs and activities

We are **non-judgemental** in all of our services to children and families in that we:

- Have an open door to all
- Listen and respond
- Are culturally sensitive

We exercise **confidentiality**

We depend on our **volunteers** and provide them with support through:

- Training and orientation programs
- Recognition of their services
- Embracing the volunteer spirit

We value our **staff** through:

- Investments in training education, orientation
- Empowerment of our staff
- Recognizing their contributions
- Giving them responsibility, authority and accountabilities

We demonstrate **leadership** through:

- Innovation
- Collaborations and partnerships
- Our competencies

We show **ethical** behavior by:

- Being trustworthy

• Being respectful
We are **accountable** for our actions by:

- Being fiscally responsible
- Sound governance and effective stewardship
- Providing evidence based program outcomes

As we move toward a 20th year of service delivery, our direction will be focused on providing responsive and accessible crisis and respite services, providing families with early intervention services, ensuring awareness and access to programs, and doing so showing fiscal responsibility. We will continue to strive to achieve our mission to the fullest degree possible because of the many children who are counting on us.

"Preventing harm and neglect to all children and strengthening families through a network of crises, respite and support services."



Patty Kilgallon

Upcoming Events

On July 11, 2005, Sun Microsystems will be out in full force for their 17th-annual golf tournament. The Children's Cottage is once again the proud recipient of proceeds from this great tournament event renowned for its fun-filled day.

The 4th-Annual Newsco/Calgary Stampeder Outrider Golf extravaganza will be held August 22, 2005, at the

Lynx Ridge Golf Club. The Calgary Children's Cottage has been chosen to receive the proceeds from this event.

The 7th-Annual Radiothon will be held December 1, 2005. The Breeze 103.1 will once again be our sponsor. This year the Radiothon will be held in the Calgary Eaton Centre, known as the Core.

Be a Comforter for a Child

Donations from all of you make such a difference in helping thousands of vulnerable children in a year. The children we care for need much comforting on the days that they spend away from their parents. We need you to help us do this by becoming a Children's Cottage "Comforter."

Your donation of \$30.00 a month for one year will make you a comforter for a child. Please complete the donation slip in this newsletter or contact Marla Moshansky at 283-4274 to make arrangements to provide special comfort to a child!

Volunteerism

Spring is the time that volunteers in Canada are celebrated and honoured for their contributions during National Volunteer Week in April. Organizations are encouraged to acknowledge the efforts of their volunteers by holding special appreciation events.

At Children's Cottage Society, it is a longstanding tradition that we acknowledge and celebrate the enormous contributions of our volunteers by hosting an annual Volunteer Appreciation Dinner in conjunction with our Annual General Meeting held in June each year.

Some of Our Friends

To continue the depth of services available to the children and their parents is only possible through the dedicated support of our many friends of Children's Cottage Society. Thank you for helping in the following ways:

The second-annual premier Guinness and Green St. Patrick's Day event was held at the Calgary Petroleum Club. The Hamilton Hall Soles/Ray & Berndtson leprechauns raised an amazing \$25,000 in only a few hours. Thank you for your ongoing support and Irish cheer!

The Hudson's Bay Foundation, in celebration of 335 years of Canadian History, presented the Children's Cottage with a \$650 cheque. The donations raised throughout Canada were through sales of a charity bear. It was a wonderful party with cupcakes and coffee and the entire downtown store held great sale prices!

Calgary Co-op, over a three-month period of customers using recycled bags at three cents per bag, raised a whopping \$3,100. Thank you, Calgary Co-op staff, for choosing to support the Children's Cottage!

The Calgary Handicraft Guild helps by making quilts, bibs, and so much more. A recent donation of \$1,000 for chil-

The evening is an opportunity for our volunteers to learn more about our organization and the programs we offer, to socialize and swap stories with our staff and other volunteers, and to enjoy, as our guests, a fine dinner and entertainment. Set aside the evening of Wednesday, June 22, and plan to attend!

We thank each and every volunteer for the gift of your time to Children's Cottage Society, and your support of Calgary children and their parents.

dren's bed linens makes for cozy sleepovers for vulnerable kids.

The Downtown Calgary Rotary Club will be donating \$36,000 this May to Children's Cottage. We are absolutely delighted for these much-needed funds.

Not only did Brian Pow of Acumen Capital Partners volunteer and pledge \$15,000 on the day of the Radiothon, Acumen Capital had a Christmas Client party with donations going to the CCS. It sure made Christmas at CCS a whole lot merrier! Thank you for your strong support.

The Foresters—Chinook Branch helps the Children's Cottage every year. Thank you for your help manning the phones at the Radiothon and donation.

What would Christmas be without toys! Ken Pattenden celebrated the season with friends at the Cantina. A roomful of gifts was collected, making spirits bright.

Casino 2005 was a huge success, raising \$71,500. Gerry Vankeeken's expertise, as well as the assistance of 30 volunteers, made this possible!



Volunteer Positions Available

Housekeeper Assistant: assist the Cook/Housekeeping staff with general cleaning and larger "spring-cleaning"-types of projects for three hours twice a month.

Program Facilitator: plan and lead a 45-minute program with the children. The program may involve any combination of story-reading, crafts, games, music, or creative movement. This volunteer position requires two shifts per month.

For more information or to apply for the above positions, please call Barb Perry at 233-2680 or contact by email: bperry@childrenscottage.ab.ca.

Check out the volunteer opportunities on our website: www.childrenscottage.ab.ca.

Children's Cottage Volunteer Wins Company Award

Congratulations and thank you to Jennifer Fogarassy!

As an employee of Eaton Electrical Canada, Jennifer was one of the winners of the local tier of the James Stover Award for Volunteerism. As part of this award, Eaton Electrical Canada makes a \$500 donation to Children's Cottage Society.

Layout and design of this newsletter are courtesy of Shelley Fisher
www.soybasedmonkey.ca

Topline info

Sixth-Annual Radiothon a Huge Success

The winning combination of the Radiothon, the Raffle, and the Battle of the BlackBerries raised an incredible \$250,000! This could not have been done without the leadership of Ken Pattenden (Taco Time Canada), Tim Hamilton (Hamilton Hall Soles/Ray & Berndston), the creator of the Battle of the BlackBerries, Roz Booth and the Hopewell Group of Companies, Bow Valley Square, the host venue, Prime

Communications for providing the phones and setting up the lines, and to Smart Technologies for the use of the Smart Board for displaying our totals.

We thank the many special guests and donors who came by to say a few words on “the air.” The special moms and dads who have used the Children’s Cottage shared their heartwarming experiences with the listeners helping us all remember how great

the need is. Thanks to the many volunteers and staff behind the scenes making everything work like magic.

Last, but certainly not least, our hats go off to our host radio station, The Breeze 103.1. The announcers and production staff at The Breeze made it such a success. The work they do is enormous and they make it look so effortless!



Leslie O’Conner, Hopewell VP, pledges a donation to Stacy from The Breeze



Tim Hamilton of Hamilton Hall Soles/Ray & Berndston reading pledges with Taco Time President, Ken Pattenden



Brian Pow of Acumen pledges a donation to Children’s Cottage President, Ken Pattenden, and The Breeze hosts

Stories from our Families

Remembering Mary, John, and Noah
The mother of Mary, John and Noah called our crisis line and sobbed for five minutes. We could not tell what she needed, but we could hear children in the background. She eventually said that she had no food, had been told that she would be evicted in a few days, and she needed some child care to help her get organized. We sent a taxi to pick up this family who arrived at the Crisis Nursery in a state of alarm. The children were hungry and dirty. To our

horror, Mom had been severely beaten and needed hospitalization. She didn’t want to discuss this when she called us as “he” had been in the room.

Mom was sent to the hospital where she recovered for a few days. Children’s Services were informed and came to be sure the children would be all right. We cared for the children who were very upset. After awhile they settled in to be comforted by our staff and volunteers. One of the women’s shelters took in the family a few days later.

Mary, John, and Noah, due to the strength of their mother, are safe and so is their mother. She would not have had a soul to turn to during her emergency had the Crisis Nursery not been there for her.

Connecting her with resources, offering support and caring for her children made it possible for her family to stay together and to be safe, allowing her the opportunity to access and get the help that she needed for herself and her family.

Spring Clean-up at the Cottage

Recently, 10 employees of Sun Microsystems Canada turned out on a hot sunny day to help with spring clean-up at the Crisis Nursery. What an enthusiastic group they were! They washed the walls, baseboards, windows and blinds of all our bedrooms, the upstairs hallway area and the bathroom. The cribs were meticulously cleaned from top to bottom, often using toothbrushes! Every toy in the

backyard was scrubbed down and left in the sun to dry, and our storage area for donated toys was sorted and organized. Thank you to everyone. You did a great job.

Sun Microsystems has been supporting Children’s Cottage Society for the past 12 years by hosting an annual charity golf tournament. Spring cleaning may not have been as much fun as golfing, but is every bit as appreciated.



Community Respite Program

Are you interested in supporting families who are experiencing stress without leaving your home?

Children's Cottage Community Respite Program is looking for community members to open their homes and provide care for children when their parents cannot.

The Community Respite Program offers a range of respite and crisis child care options to families with children, newborn to age 12, when the parents are experiencing personal and/or fam-

ily stress and have no other support available. The program allows parents the ability to seek out and plan assistance prior to reaching a crisis level or prior to harming their child.

We are looking for interested families to open their homes to these children. Providers can offer support by providing:

1. **Daytime space:** the provider would care for a child or family group during daytime hours.

2. **All-time space:** the provider and

their family would open their home to a child or family group for care during daytime, evening, overnight or week-end times.

Every provider determines their own availability, the ages of children and any other considerations.

Even one weekend a month would make a difference!

If you are interested in supporting families and caring for children, please call Lynette at 283-4275 for more information.

A Thank You to Brian Hodgson

The Children's Cottage is honored to have had Brian on our Board of Directors for the past 10 years! Brian has contributed so very much to the success of this organization. He began with his active involvement with the

HomeBuilder's Foundation, which made possible the Crisis Nursery facility in Bridgeland. Brian led an IT committee that ensured that the Society could function well in the high tech world we live in, and his ongoing

assistance with fundraising has helped many program doors to remain open to helping Calgary's children remain safe and secure. Brian will be missed and we wish him well!

I Would Like to Support the Children's Cottage Society

Your gift of \$30 a month for one year makes you a "Comforter" for a vulnerable child.

Donation:

- My cheque for \$ _____ is enclosed
- Please charge \$ _____ on my Visa card
Card number: _____ Exp. date: _____
Name on Card: _____ Signature: _____
- I have made a donation online at www.childrenscottage.ab.ca

Request for more information:

- Please send me information about planned giving
- I have included the Children's Cottage Society in my estate plans
- I am interested in volunteer opportunities
- I would like to receive future newsletters by email: _____

About me:

Name: _____ Phone: _____
Address: _____

Return to:

Children's Cottage Society, 845 McDougall Road NE, Calgary, Alberta T2E 5A5
Ph: (403) 283-4274 Fx: (403) 283-4393 Email: mmoshansky@childrenscottage.ab.ca

The Children's Cottage fundraising campaigns are estimated to cost \$87,800, raising a gross revenue of about \$657,705.
Charitable Registration Number 10691 4534 RRO001

Children's Cottage Wish & Needs List

Items for the children

- Girls' and Boys' socks (newborn to age 8)
- Girls' tights (age 1 to 8)
- Girls' and Boys' underwear (up to age 8)
- Diapers: all sizes, including Pull-Ups
- Pants for girls and boys up to age 8
- Dresses for girls up to age 8
- Glaxal Base cream
- Penaten cream
- Children's toothpaste
- Conditioner
- Vaseline
- Q-Tips
- Liquid hand soap
- Baby lotion
- hair brushes, combs, barrettes
- Children's hair detangler

Books for children

- Mother Goose from Morning till Night by Betty Ann White
- Playtime Rhymes for Little People by Clare Beaton
- Hippety-Hop, Hippety-Hay by Opal Dunn
- Teddy Bears Mother Goose by Michael Hague
- Let's Go Anna by Vivian French
- Crunch Munch by Jonathan London
- Itsy Bitsy Spider by Iza Trapani
- Read to Your Bunny by Rosemary Wells
- Kiss Good Night by Amy Hest
- Sleep, Baby, Sleep by Nicolette Larson
- Robert Munch books
- Shark Tale movie (VHS) and any other recent release or Walt Disney movies

Children's toys located at Toys R Us

- Little People Zoo gift sets
- Peek-a-Blocks Ocean Blocks
- Shake and Jingle Keys
- Classical Chorus Stackers
- Baby Einstein Animal Orchestra Stackers
- Gymini Super Deluxe Light and Music
- Peek-a-Block Sight Sensation Blocks
- Fisher Price Baby Smartronics Cookie Shape Surprise
- Triangle Jumbo Knob Puzzle Assortments
- Push Ride Doll Racer (Little Tikes)
- Winnie the Pooh musical teethers (by First Years)
- Musical Activity Walkers (Fisher Price or Little Tikes)
- Fisher Price Chatter Phones
- Rock a Stack Infant Toy (Fisher Price)
- Fisher Price Little People school bus
- Peek-a-Block Press & Go trains (Fisher Price)
- Little People Discovery Village
- You and Me Umbrella strollers (You and Me)
- Rhythm Makers (Little Tikes)
- Baby Doll Dress and Accessories Package (You and Me)
- Barbies of any type and Barbie clothes
- Leap Start Learning Tables, English Version (Leap Frog)
- Game Boy Advance plus games
- Nintendo 64 games and controllers
- Children's Musical Instruments for sing-along
- Children's cultural musical instruments and books
- Wooden puzzles
- Dress-up clothes (sizes 3 to 10 youth)
- Dress-up shoes
- Cultural dolls
- Puppet theatre and puppets
- Preschool bikes (3 wheels)
- Small two-wheelers with training wheels
- Bikes for 7 - 8 years with training wheels
- Sand box toys
- Outdoor water table plus water toys
- Bubbles
- Sidewalk chalk
- Skipping ropes

- Balls
- Bike helmets for girls and boys, for children under 9 years
- AA batteries
- C batteries
- AAA batteries

Crafts supplies

- Craft kits for ages 8 and under
- 20-packs Crayola washable markers (all colors)
- Large beads (wood/plastic)
- 10 large and small paint brushes, any type
- 4 Crayola washable paints
- 10 small containers of Elmer's school glue
- 20 plastic glue sticks
- 40 packs of stickers for children
- 30 containers of Play-Doh
- 5 pairs edged scissors
- 4 ink pads
- Finger paint paper
- 6 glitter glue
- 4 packages sequins
- Masking tape
- Thick white paper for painting any sizes
- Rolls of ribbon (any size)
- Finger paints
- Sand box toys (shovels, pails, plastic trucks)
- Crayons
- Coloring books

Following items found at Staples:

- Crayola Crayons, Class Pack (item #516825-J2 100 x 8 pack x 2, \$59.99 each)
- Crayola Large Crayons, Class Pack (item #516826-J2 50 x 8 pack x 2, \$65.00 each)
- Applause Stickers, Star Achievers (item #507415-J2 30/pack x 6, \$4.00 each)
- Encouraging Words (item #507421-J2 30/pack x 6, \$4.00 each)
- Value Pack Reward Stickers (item #431877-J2 Sparkle Smiles 1300/pack x2, \$10.78 each)
- Neon Yellow Faces (item #488156-J2 2500/pack x 2, \$10.78 each)

Food/Formula

- Baby food
- Baby formula
- Cereals (Rice Krispies, Cheerios, Shreddies, baby cereal: rice, oats, mixed)
- Soups (all kinds, large tins)
- Vegetables (canned)
- Tuna (canned)
- Jam (strawberry or any fruit flavour)
- Pickles (dill or bread and butter)
- Brown beans
- Pasta noodles or spaghetti
- Canned fruit
- Meats (chicken, hot dogs, hamburger, pork chops, fish sticks)
- Cheese (slices, medium cheddar)
- Sugar
- Juice boxes
- Crackers (all kinds)

Baby equipment

- Sears Double Jogger Stroller Model #322-066839-10 8 Perego Duette XL Tender Twin or Duette Models #BP41 TV41 (Available at Kacz's Kids)
- Salter baby and toddler scale 963 029 046 (at Sears)
- Bath towels
- Face cloths
- Bibs (large size)
- 16 junior twin bed fitted sheets (60% cotton)
- 16 junior twin bed flat sheets (60% cotton)
- 16 pillow cases (60% cotton)
- 7 junior twin bed mattress cover (Ikea)
- 14 junior twin bed comforters for children's beds
- 8 large oversized crib sheets
- 8 mattress covers for toddler beds (Ikea)
- 40 receiving blankets
- 3 baby bottle warmers
- 2 ExerSaucers
- Baby swing with portable seat
- Aprons with large pockets (for staff)

Items needed to run our programs

- Black pens
- Post-it Notes (all sizes and col-

- ors)
- Paper clips (all sizes)
- Scotch Tape
- Binders
- Brown envelopes (all sizes)
- Inter-office envelopes
- Paper (legal- and letter-sized)
- Label sheet sticker paper

Following items found at Staples:

- 13 Color Wave expanding files 13 pocket (item #494123-J2)
- Oxford Reversaflex hanging folder (No. 5153/yellow and red)
- Five Star 5-subject notebook (9-1/2 x 6 inches, 24.1 x 15.2 cm)
- Multimedia projector
- Bulletin boards—rounded corners—11x14 and 18x24
- Laminating machine 3M LS1000 Cool (item #388390-J2) and Laminating cartridge (item #388391-J2 DL1001) Front and Back Lamination Refill 5 mil thick
- 22 boxes 8.5 x 11, 20-lb. bond photocopier paper

Household supplies

- Paper towels
- Kleenex
- Spic and Span
- Bleach
- VIM cleaner
- Windex or other window cleaning solutions
- Dish towels
- ABC detergent
- Fabric softener sheets
- Water spray bottles used to sanitize change tables and beds.
- Band-Aids
- Garbage bags (large)
- Silverware
- Playtex sippy cups
- Plastic cups (12 oz.)
- Saran Wrap
- Foil wrap
- Dixie Cups
- Stove liners
- Non-stick wok
- Non-stick frying pans—assorted sizes
- Blender (Hamilton brand with glass container)
- Toaster (4 (or more)-slice toaster, Proctor Silex)
- Crock pot (any make, 6-quart)
- Bread maker (Black and Decker Upright loaf pan)

Educational resources for staff and parents

- Child Development Video resources (1-800-565-3036, www.mcintyre.ca)
- Baby Steps Adjusting to Parenthood VHS (#700416-61c4 \$119.00)
- Child's play: How Having Fun Turns Kids into Adults VHS (#200162-61 \$125.95)
- Understanding Childhood Trauma Series Featuring Dr. Bruce Perry (\$899.00)
- Infant Toddler Care Series (\$699.00)
- Disciplining kids without screaming and scolding #200080-61c4 (\$129.00)

Tickets for children's activities

- Story Book Theatre
- Lloyd's Recreation Ltd.
- Bowling: Chinook Bowladrome, Fairview Bowling
- Let's Play
- Moviedome
- Glenbow Museum
- Calgary Science Centre
- Zoo tickets for adults and children
- Calgary Transit tickets for adults and children

